

Ultraviolet-C (UV-C) monitoring made ridiculously simple: UV-C dose indicators for convenient measurement of UV-C dosing

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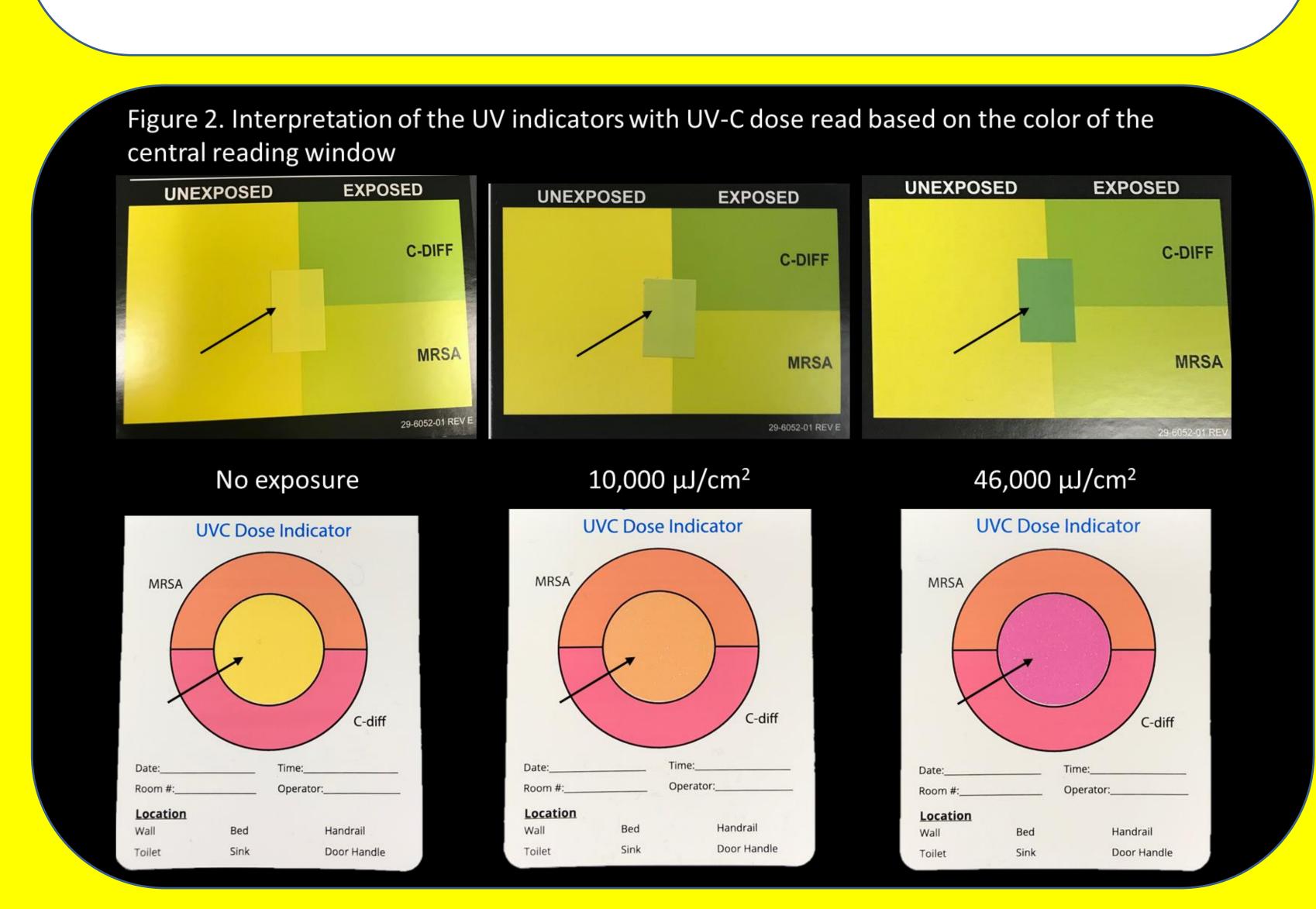
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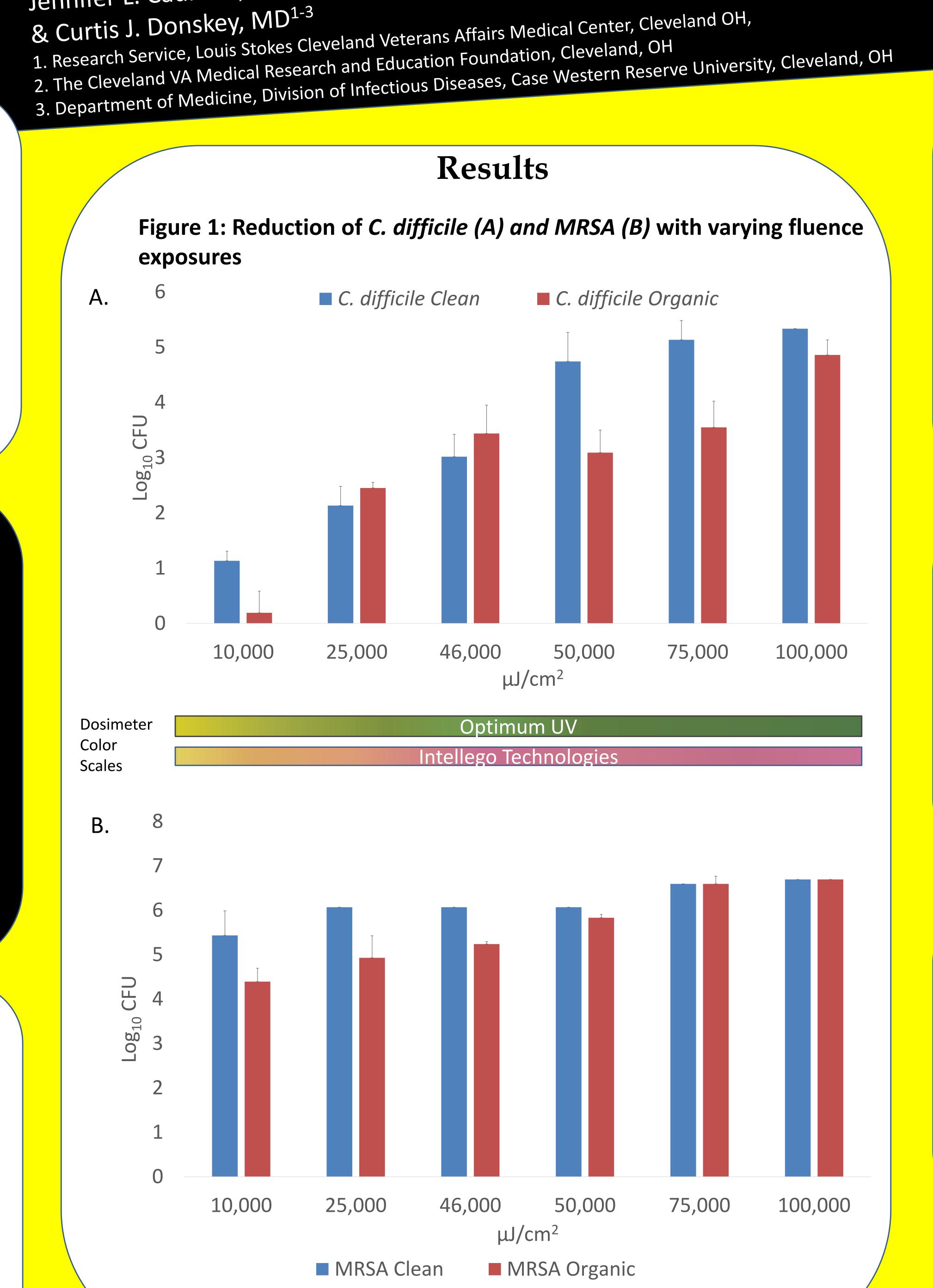
Background

- Ultraviolet-C (UV-C) light is increasingly used as an adjunct to standard cleaning in healthcare facilities
- Most facilities do not have a means to measure UV-C to determine if effective doses are being delivered
- We tested the efficacy of 2 easy-to-use colorimetric indicators for monitoring UV-C dosing in comparison to log reductions in pathogens



Methods

- In a laboratory setting, we exposed methicillin-resistant Staphylococcus aureus (MRSA) and Clostridioides difficile spores on steel disk carriers to UV-C for varying fluence exposures ranging from 10,000 to 100,000 µJ/cm2
- The UV-C indicators were placed adjacent to the carriers
- Change in color of the indicators was correlated with dose and log₁₀ CFU reductions



Results

- The UV-C doses required to achieve a 3-log reduction in MRSA and C. difficile were 10,000 and 46,000 μ J/cm², respectively
- For both indicators, there was a visible color change from baseline at 10,000 µJ/cm2 and a definite final color change by 46,000 μJ/cm2 (Figure 1&2)
- Organic load had only a modest impact on UV-C efficacy
- The indicators required only a few seconds to place and were easy to read (Figure 2)

Conclusions

- \circ UV-C doses of 10,000 μ J/cm² and 46,000 μ J/cm² were required to achieve 3 log reductions of MRSA and *C. difficile* spores, respectively.
- The colorimetric indicators provide an easy means to monitor UV-C dosing.
- Additional studies are needed to evaluate use of the indicators in patient rooms including in shaded areas

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